

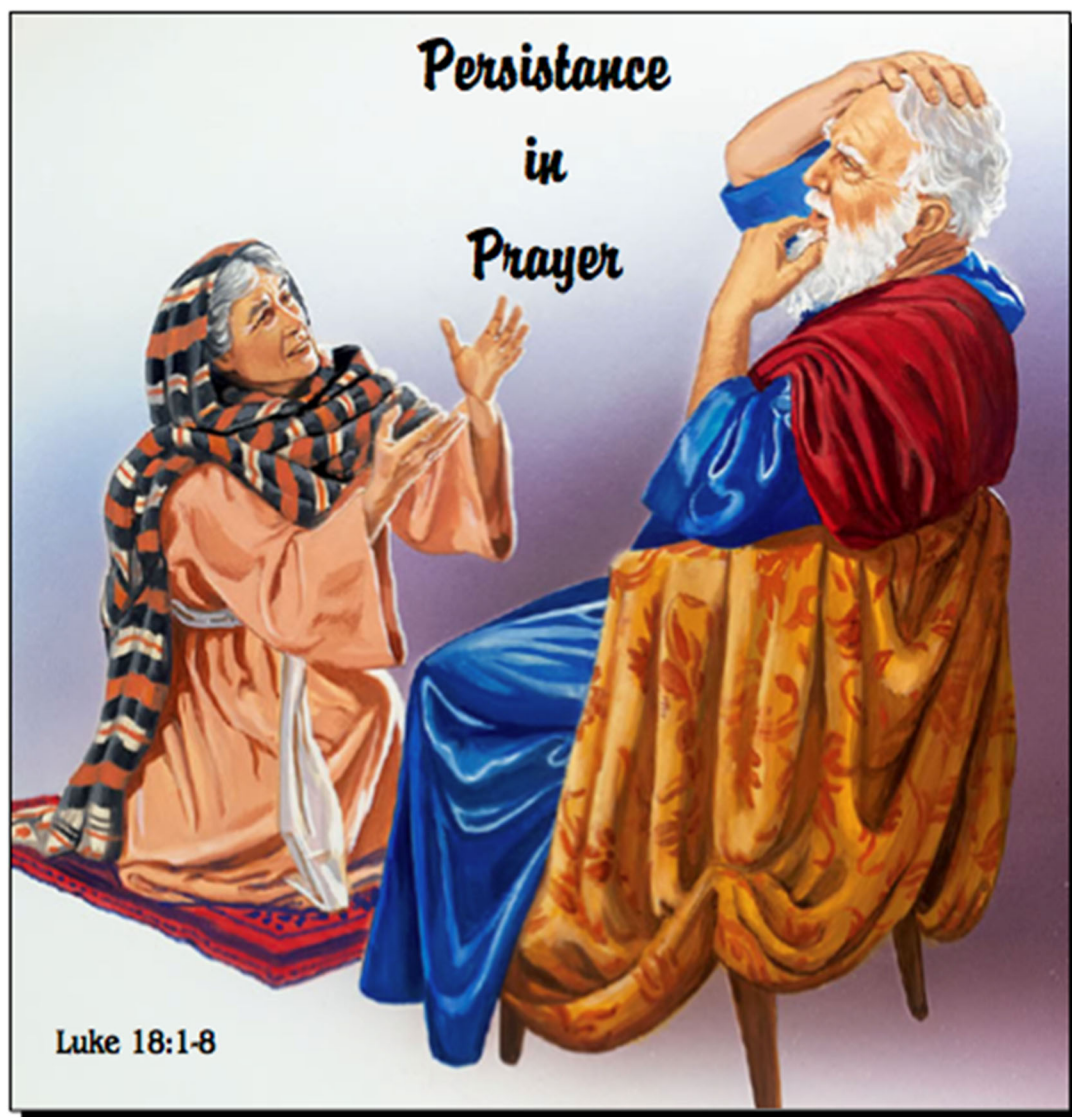


## *St. Anne of the Sunset Catholic Church*

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*October 16, 2016 ~ 29th Sunday in Ordinary Time*



WELCOME TO ST. ANNE'S

If you haven't registered or are changing information on your registration card,  
please complete this form and return it to the Rectory.

Name \_\_\_\_\_ Address \_\_\_\_\_

New Parishioner \_\_\_\_\_ Moving \_\_\_\_\_ New information \_\_\_\_\_ Send Envelopes \_\_\_\_\_

Telephone # \_\_\_\_\_ E-Mail \_\_\_\_\_ Please put me on the mailing list \_\_\_\_\_

## 29th Sunday in Ordinary Time

October 16, 2016

My help is from the Lord,  
who made heaven and earth.  
—Psalm 121:2

### DEPENDING ON GOD

"Getting by with a little help from our friends" is not an idea that began with the Beatles. Certainly the idea of "getting by with a little help from God" goes back at least to the first reading today from Exodus. How we get that help, however, is the key to this weekend's scriptures.

No matter how inadequate Moses felt to the task God had given him, he persevered—even though he needed help from the people around him. The Israelites especially depended on God for freedom. The woman in the Gospel, desperate and destitute, had no one to depend on, but still she would not give up. She could not afford to bribe the unscrupulous judge, but she pestered him into weariness until finally he met her demands.

We sometimes need to turn to others to help us through difficult times; but if we always turn to God, we won't be disappointed, for our help, the psalm assures us, is from the Lord. Copyright © J. S. Paluch Co.

### TREASURES FROM OUR TRADITION

From the early medieval period, it was expected that the many bishops of Italy travel to Rome at least once every three years to give a report of their ministry, with a footnote granting the bishops of Sicily a visit every five years. By the eleventh century, the idea of bishops visiting the tombs of the apostles was a very strict requirement for all within reasonable reach of Rome. The age of discovery and the expansion of the Church into remote corners of the earth made this an unreasonable burden in many cases, yet every bishop was required at least to send a representative to Rome every five years.

In 1911, Pope St. Pius X established the rule for a "quinquennial" (meaning "once in five years") report, called an *ad limina*. This literally means "to the threshold," and refers to the expectation that the visiting bishop will go to the thresholds of the tombs of the apostles Peter and Paul and to a personal audience with the Holy Father. An exemption was given to so-called "mission territories," which in 1911 included the United States. The reports were still required, but could be filed by letter with an office of the missions called "Propagation of the Faith." This status was changed in 1917 and since that time all American bishops have been subject to the *ad limina*. These reports, carefully kept in the Vatican archives, are a treasure trove for historians, providing snapshots of culture and faith and a record of the Church's resilience even in times of persecution and change.

—Rev. James Field, Copyright © J. S. Paluch Co.

## Pastor's Corner

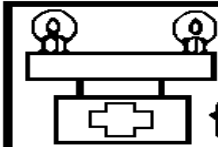
**Eucharistic Miracles** - When I was a young man in college, a co-worker asked me whether I believed that at Mass, the bread and wine I received was actually the Body and Blood of Jesus or whether it was mere symbolism. At the time, I answered that "it was merely symbolic." I reasoned that it can't be possibly the Body and Blood of Christ. Jesus couldn't possibly have meant it literally at the Last Supper. It was only symbolic of what He was about to do, giving of His Body and Blood on the Cross.

But Jesus taught the people the following:

- I am the bread of life, whoever comes to me will never go hungry, and whoever believes in me will never be thirsty (*John 6:35*).
- I am the bread of life. Your fathers ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. If anyone eats of this bread, he will live forever (*John 6:48-51*).
- Unless you eat the flesh and drink the blood of the Son of Man, you have no life in you. Whoever eats My flesh and drinks My blood has eternal life, and I will raise him up at the last day (*John 6:53-54*).

Once when Dr. Scott Hahn, a former Presbyterian Pastor who was very anti-Catholic, tried to preach on this 6<sup>th</sup> chapter of the Gospel of John, he found it hard to teach that what Jesus taught was just symbolic. After all, Jesus had just finished feeding the 5,000 the day before, and all these people were there listening to what else He was going to teach. When Jesus taught that He is the living Bread, they found His teaching hard to believe and "from this time many of his disciples turned back and no longer followed Him" (*John 6:66*). So Dr. Hahn thought, if Jesus meant it only symbolically, He would have told those disciples who were leaving that He only meant it symbolically. Instead, Jesus asked the apostles whether they would also leave. Peter answered "Lord to whom shall we go? You have the Words of eternal life. We have come to believe and to know that you are the Holy One of God" (*John 6:68-69*). Jesus' words in the 6<sup>th</sup> chapter of the Gospel of John eventually led Dr. Scott Hahn to become a Catholic.

Our faith teaches that the Bread and Wine we receive is the transformed Body and Blood of Christ. So when we receive Christ in Communion, the priest doesn't say, "the symbolic Body of Christ" but "The Body of Christ." We respond with "Amen" affirming this belief. This weekend, an Exhibit from the Vatican reveals the different Eucharistic Miracles that have happened over the centuries. The exhibit is in our Church hall on Sat., Oct 15 from 3-8pm, and on Sunday, Oct 16 from 8:15am - 3pm. The event is free and all are invited to attend. —Fr. Dan



# Masses for the week

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## October 16 to October 22, 2016

	<b>Presider</b>
<b>Sunday, October 16</b>	
7:30 Pacita & Godofredo Lirazan (D)	Fr. Nascimento
9:00 John Molloy (D)	Bishop Walsh
10:30 John & Marian Fox (D)	Fr. Nascimento
Noon Ilisa Chan (D)	Fr. Zhai, SVD
<b>Monday, October 17</b>	
6:30 Rev. Francis Filice (D)	Bishop Walsh
8:45 Eduviges S. Velicaria (D)	Fr. Zhai, SVD
<b>Tuesday, October 18</b>	
6:30 Annie Kim, healing	Fr. Nascimento
8:45 Special intention, healing	Bishop Walsh
<b>Wednesday, October 19</b>	
6:30 Soledad & Basilio Medina (D)	Bishop Walsh
8:45 thanksgiving, Patricio Melencion	Fr. Zhai, SVD
<b>Thursday, October 20</b>	
6:30 Bill Langbehn (D)	Fr. Nascimento
8:45 John Dupre (D)	Fr. Zhai, SVD
<b>Friday, October 21</b>	
6:30 Celso Urmeneta (D)	Bishop Walsh
8:45 Mrs. Noreen Murphy (D)	Fr. Zhai, SVD
<b>Saturday, October 22</b>	
8:45 Confraternity of Saint Anne	Bishop Walsh
5 p.m. thanksgiving, Alexander, Sydney, Jessie, & Natalie Yap	Bishop Walsh

**SAGES** (St. Anne Growing, Exploring Seniors) will sponsor another **Pilgrimage on Monday, October 24th at 11am, this time to the Holy Virgin Russian Orthodox Cathedral** on 6210 Geary Blvd. near 26th Ave.



This is the largest of the six Cathedrals of the Russian Orthodox Church outside of Russia and is a designated San Francisco landmark, designed by architect Oleg Ivanitsky. From the gold leaf domes of its exterior to its interior icons, paintings, mosaics, and voluminous chan-

delier, this is indeed a cathedral of incredible beauty. As you know, Pope Francis and Russian Orthodox Patriarch Kyrill met in Havana for a dialogue to promote a swift return to world peace: the first encounter between the two Churches since the East-West Schism of the mid-11th Century. **Please make your check of \$5 payable to the Holy Virgin Russian Orthodox Church, memo line SAGES, and leave in the St. Anne Rectory mailbox, to the attention of Sr. Esther. If you cannot afford to pay, please contact Sr. Esther. Reservation Deadline: Monday, October 17th. Parking availability for those who register!**

**Catholic Estate and Personal Planning Seminars:** Estate planning? Funeral and burial planning? End-of-life bioethical decisions? Where do you begin? And where can you find trustworthy advice from a specifically Catholic perspective? The archdiocese offers free seminars to help orient you to these complex and important topics. Upcoming dates are Sunday, **October 22**, at 10:00am at Mission Dolores Basilica (3321—16th Street, San Francisco), and Saturday, **October 29**, at 2:00pm at All Souls Church (315 Walnut Avenue, South San Francisco). Seating is limited, call Fr. A. Giampietro at (415) 614-5580.

**St. Mary's Medical Center Auxiliary** will be holding its **Annual Holiday Boutique** in the main lobby of **St. Mary's Hospital, San Francisco—Tuesday, November 8 through Thursday, November 10**. Tuesday is Opening Day from 10am to 3 pm with an Opening Day Special of a 10% discount on one time purchases of \$100 or more. Wednesday's hours are from 10 am to 4 pm and Thursday's are from 10 am to 3 pm. A Raffle and Silent Auction will be held with many lovely prizes. Start your Christmas shopping early by joining us at this annual event. All proceeds will go to purchase Ultrasound equipment for the Emergency Room. Further information can be obtained from the Volunteer Office (415)750-5646

**St. John School** will celebrate its Centennial on **Sunday, October 23, 2016** with a Family Mass at **9:30 am at St. John the Evangelist Church**, 19 St. Mary's Avenue, San Francisco.

**Breakfast** at 10:30 am to 1 pm at **St. John School, Michael Walsh Gymnasium, 925 Chenery Street, San Francisco**. Ticket prices are: age 15 and above—\$15; age 8-14—\$10; under age 8—Free. Online reservations through Paypal at **stjohnseagles.com** or checks payable to St. John School or call Marge Silva (415) 584-8722.

**RSVP deadline: Monday, October 17**

### Last Week's Collection

1st Collection, Oct. 8, Oct. 9 - \$3,317.00  
Building and Maintenance Fund - \$919.00

### This Week's Second Collection

Property and Insurance Fund

Archdiocesan Annual Appeal 2016—\$44,434—82%  
Assessment—\$54,292

**Thank You All for Your Generosity!**  
For On-line giving, visit: [www.stanne-sf.org](http://www.stanne-sf.org)

## ST. ANNE STAFF

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## ST. ANNE REGULAR SCHEDULE

### Sunday Mass

Sat., 5pm; Sun: 7:30, 9, 10:30am & 12pm (Chinese)

### Daily Mass

Mon - Fri: 6:30am & 8:45am  
Sat: 8:45am (Devotion to St. Anne)

### Holy Days of Obligation

6:30am, 8:45am, 12 noon & 6pm

### Exposition of Blessed Sacrament

1st Friday following 8:45am Mass until 10am

**Reconciliation:** Sat., 4 - 4:55pm or by appointment

**Baptism:** 2nd Saturday @ 12:30pm

Preparation Class: 3rd Saturday @ 10am in Rectory

**Office Hours:** Mon - Fri: 9am - 4:30pm

## Vatican Exhibition of *Eucharistic Miracles*



*Highlighting  
1,800 Years  
of Miracles*

**Browse the Exhibit**

**Saturday, October 15th  
3 pm — 8 pm**

**Sunday, October 16th  
8:15 am — 3 pm**

**Live Presentations**  
after  
each weekend Mass

*Miracle stories,  
scientific study,  
and Scriptural basis  
for the True Presence*

**Saint Anne of the Sunset Church  
Moriarty Hall**

**OCTOBER 28-29**

**FRIDAY**

**3PM-9PM**

**SATURDAY**

**10AM-9PM**

**PANCAKE BREAKFAST • SUNDAY, OCTOBER 30th**

**ST ANNE**   
*festival*

CLASSIC  
**CARS**

**Bouncy Houses**

**ENTERTAINMENT**



**Games**

**FOOD**

**Raffle**

**BRING FRIENDS  
AND FAMILY**

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