February 16, 2020 ~ Sixth Sunday in Ordinary Time

...Amen, I say to you until heaven and earth pass away, not the smallest letter or smallest part of a letter will pass from the law until all things have taken place.

Matthew 5:18

WELCOME TO ST. ANNE’S

If you haven’t registered or are changing information on your registration card, please complete this form and return it to the Rectory.

Name____________________________Address_____________________________

New Parishioner_______Moving________New information_________Send Envelopes_________

Telephone #_________________E-Mail____________________________Please put me on the mailing list_________
Sixth Sunday in Ordinary Time  
February 16, 2020

If you trust in God, you too shall live —Sirach 15:15b

CHOICE

“If you choose you can keep the commandments,” Sirach tells us. God “has set before you fire and water; to whichever you choose, stretch forth your hand” (Sirach 15:15, 16). This is a great mystery: God does not control us so completely that we cannot choose our own path. We have certain boundaries, of course, but no one but we can choose our way within those boundaries.

In today’s reading from Matthew’s Gospel, Jesus reminds us of our freedom and our responsibility for our lives. He calls us to look beyond the words of the commandments, all the way to their meaning. Look beyond the adultery to the selfishness that poisons our love. Look beyond the murder to the anger that eats away at our compassion. Look beyond the perjured testimony to the lies and deception that drive our behavior.

Our vocation is to choose life for ourselves, and to choose a path through our part of the world that helps make life possible and more abundant for others as well. © Copyright, J. S. Paluch Co.

FEAST OF FAITH— The Gloria (2)

The Gloria is a rejoicing prayer, an exclamation of praise. It begins with the song of the angels at the announcement of the birth of Jesus (Luke 2:14), a heavenly burst of praise for God’s loving action in the world. But in the Gloria, the song goes on, leaping, as it were, from height to height, with every kind of praise, blessing, adoration, glory, and thanksgiving.

We begin by thanking and praising God the Father; then we turn our gaze to Christ, the Lamb of God. The paschal mystery of Christ’s suffering, death, and resurrection is found here, at the heart of this prayer, which descends to the depths with Christ, but then rises with him to the heavens, where he is seated at the Father’s right hand. The Gloria ends with a series of acclamations to Christ, emphasizing over and over that he “alone” is the Holy One, the Lord, the Most High, truly God, with the Father and the Holy Spirit. Our prayer of praise ends where it began, in the “glory of God the Father.” The Gloria, with its arc leading us from the glory of God to the suffering of Christ and again to glory, is the pattern of the Mass itself. At the center of all our prayer is the sacrificial love of Christ.

—Corinna Laughlin, © Copyright, J. S. Paluch Co.

Pastor’s Corner

Mental Health Ministry — In May 2018, the California Catholic Bishops’ Conference issued a Pastoral Letter entitled “Hope and Healing” on caring for those who suffer from mental illness. The Archdiocese of San Francisco, in response to that letter, is partnering with the National Alliance on Mental Illness (NAMI) to develop a pilot program in our Archdiocese. The purpose of the Mental Health Ministry would be to support those suffering from mental illness, their family and friends, as well as to educate the wider community to help end the stigma around mental illness. Historically, those who suffer from physical deformities, illnesses or diseases were shunned by the rest of society. So part of the goal of Mental Health Ministry is to help remove the stigma around mental illness so that they and their families don’t have to suffer in silence and can find help and support from the community of faith. To be clear, this ministry is a ministry of accompaniment. It is meant to work in conjunction with medical professionals inasmuch as we human beings are made up not only of body and mind, but also spirit. So this ministry is an attempt to care for our souls, while the medical professionals help care for our minds and bodies. St. Anne volunteered to be part of this pilot Mental Health Ministry program. Would you be interested to serve in this ministry? You don’t have to be a mental health professional, although those with experience would certainly be welcomed. There will be an information and training on Wednesday, February 19, 2020 at 7pm in our Church Hall. For additional information or to RSVP, please contact Fr. Dan at 415-665-1600 x 24 or email him at frdan@stanne-sf.org.

Winter Cold and Flu Season — Because of the flu season and the corona virus outbreak, all parishioners are reminded to use common good sense. It is helpful to remember that the obligation to attend Sunday Mass does not apply to those who are ill, especially those who suffer from contagious disease. It is a sign of consideration for others that those with flu-like symptoms remain at home. For the convenience of those who are homebound or unable to attend Mass because of illness or infirmity, Mass is broadcast each Sunday morning at 6:00 AM on Channels 8, 20 (Comcast), and KTSF 26 as well as on EWTN. All ministers, including Eucharistic Ministers, Lectors, Musicians, Greeters, and Altar Servers, should also excuse themselves from serving at Mass if they feel any hint of a cold or flu. At Mass, we recommend using a wave or a bow for the sign of peace and also receiving communion on the hand.

Let us remember all those affected by the Corona virus and pray that researchers may find a cure for it and that it be contained; let us keep in our prayers all those who have died from it and those who mourn their passing, and lastly let us pray for the healing and recovery of all who are ill.

—Fr. Dan
Last Week’s Collections

February 8, 9—$4,632.00
Building and Maintenance Fund—$950.00
This Week’s 2nd Collection
Property and Insurance Fund

Thank You All for Your Generosity!
For on-line giving, visit: www.stanne-sf.org

Mission Doctors Association will offer the 2020 Spring Retreat / Seminar on March 27-29, 2020 for Catholic Physicians, Dentists, Nurse Practitioners and Physician Assistants, and their spouses, considering Short-term mission service in Africa and Latin America. This will be held at Loyola Marymount University in Los Angeles. Information and Accreditation Statement (for the 11 AMA PRA Category 1 Credit(s)) available on website: www.MissionDoctors.org or by calling (213) 368-1872.

Stress in your marriage? Retrouvaille is a program for married couples that feel bored, disillusioned, frustrated, or angry in their marriage. This program has helped 10’s of 1000’s of couples experiencing difficulties in their marriage. For confidential information about, or to register for the program on February 28th - March 1, call 415-893-1005 or email: SF@RetroCA.com or visit the website at www.HelpOurMarriage.com

In observance of Presidents Day on Monday, February 17
The Rectory Office will be closed and there will not be a 6:30am Mass.

Project Rachel Retreat for Hope and Healing after Abortion Saturday, March 7 – Sunday, March 8
Registration is open for the March 7—8 Hope and Healing after Abortion Women’s Retreat, which will be held here in the SF Bay Area. The retreat will be led by Fr. Vito Perrone, Contemplative of St. Joseph, with the Daughters of Carmel, at a confidential local site. Donation of $50 is suggested, but can be waived. For more information, phone 415-614 5567 or e-mail projectrachel@sfarch.org or you may register online at sfarchdiocese.org/rachel, where you can view a powerful new one-minute video testimony by Georgette Forney, co-founder of the Silent No More awareness campaign. All inquiries are confidential.

Our Lenten Friday Soup Suppers will begin on February 28 and the following 5 Fridays until April 3. If you have a favorite meatless soup and can volunteer to bring it on one of those Fridays, please add your name to the signup sheet in the Sacristy or let Sr. Mary Francis know. This event is growing each year so your help is greatly appreciated.

Looking for Gifts? Our Gift Shop is open Saturdays at 4:00 p.m. and after the 5:00 p.m. Mass; and on Sundays from 8:30 a.m. to 12:00 p.m.

GRIEF SUPPORT GROUP — UCSF Medical Center, Parnassus 5:30—7:00pm on Wednesdays through March 25th. This free support group is for individuals who have experienced the death of an adult loved one. Group meetings are focused on receiving and offering support through personal sharing, listening, discussion, reflection, meditation, and art work. For more information, please call 415 353-1941.

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## ST. ANNE STAFF

**Pastoral Staff:**
- Fr. Daniel Nascimento, Pastor
  - frdan@stanne-sf.org 415-665-1600 x 24
- Fr. Peterson Tieng, LRMS, Parochial Vicar
  - frpete@stanne-sf.org 415-665-1600 x 34
- Sr. Mary Francis, Pastoral Associate 415-665-1600 x 22
- Rachel Gee, Coordinator of Religious Education
  - Rachel.Gee@stanne-sf.org 415-665-1600 x 38
- Jun Alvar, Parish Music Coordinator
  - JunAlvar@stanne-sf.org 415-665-1600 x 22

**In Residence:**
- Bishop Daniel Walsh, Bishop Emeritus of Santa Rosa
- Fr. Peter Zhai, SVD, Chinese Ministries
  - ZhaiP@sfarch.org 415-614-5575

**Office Staff:**
- Ken DelPonte, Parish Manager
  - kdelponte@stanne-sf.org 415-665-1600 x 21
- Mie Mie Kwong, Athletic Director
  - athleticdept@stanne-sf.org 415-665-1600 x 22
- Jessica Guevara, Bookkeeper
  - bookkeeper@stanne-sf.org 415-665-1600 x 21
- Tessie Velicaria, Secretary
  - tessivevelicaria@stanne-sf.org 415-665-1600 x 22

**School Staff:**
- Tom White, Principal, Elementary School
  - white@stanne.com 415-664-7977
- Judy Glaeser, Director, Preschool
  - stanneps@gmail.com 415-731-2355
- Eva Wong, Director, Chinese School
  - evawong467@gmail.com 415-665-3929

**Pastoral Emergencies:**
- 415– 866-6455

## ST. ANNE REGULAR SCHEDULE

**Sunday Mass:**
- Sat., 5pm; Sun: 7:30, 9, 10:30am & 12pm (Chinese)

**Daily Mass:**
- Mon - Fri: 6:30am & 8:45am
- Sat: 8:45am (with Devotion to St. Anne)

**Holy Days of Obligation:**
- 6:30am, 8:45am, 12 noon & 6pm

**Exposition of Blessed Sacrament:**
- 1st Friday following 8:45am Mass until 10am

**Reconciliation:**
- Sat., 4 - 4:55pm or by appointment

**Baptism:**
- 2nd Saturday @ 12:30pm
  - Preparation Class: 3rd Sat @ 10am in Rectory *(Please Register)*

**Office Hours:**
- Mon - Fri: 9am - 4:30pm

**Church Hours:**
- Mon-Fri: 8am - 4pm
- Sat: 8a - 6pm
- Sun: 7a - 1:30pm
“You have heard ... You shall not kill; and whoever kills will be liable to judgment. But I say to you, whoever is angry with his brother will be liable to judgment.”

**St. Anne of the Sunset**

*Every Friday of Lent*

*Beginning February 28* thru *April 3*

**Stations of the Cross at 7:00pm**

**Followed by Benediction**

*Preceded by a simple supper of soup and bread in the vestibule at 6:00pm*

If you would like to contribute a pot of soup, please contact Jan Trusty. Email: leetrusty@gmail.com / 415-564-2217.
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