One does not live on bread alone, but on every WORD that comes forth from the mouth of God.
Matthew 4:4
First Sunday of Lent
March 1, 2020

The Lord, your God, shall you worship, and him alone shall you serve.
—Matthew 4:10

Pastor's Corner

Purpose of Lent - Every year, the Church reminds us of the Lenten discipline of Fasting, Prayer and Almsgiving. As Jesus was tempted to turn stone into bread, we are also tempted to satisfy our desires and seek pleasure. So the Church teaches us instead to FAST from what gives us worldly pleasures. As Jesus was tempted to possess the whole world if He would only prostrate Himself and worship the devil, we are also tempted to satisfy our greed with material possessions. So the Church teaches us ALMSGIVING instead, to share with others who are in need. As Jesus was tempted to test whether God would catch Him if He threw Himself down from the Temple, we are also tempted with pride and power. So the Church teaches us to PRAY instead, and acknowledge that we need God in our lives.

In our parish, we would like to invite you to participate in our various activities that will help us grow in our faith in God and love for others.

The Lenten Love Offering - We have prepared Lenten boxes for every family. During Lent when we decide to fast from something like a meal, or a soda, a cup of coffee or chocolate, the money we save can then be used for almsgiving. We can put it in our family Lenten box. These boxes will then be offered on Holy Thursday’s evening Mass of the Lord’s Supper. At the offertory, everyone will be invited to come up to the altar to offer their Lenten box. This is our way of concretizing the command of Jesus to love and serve one another. All the collections will then be used in one of our parish outreach activities to the needy, in cooperation with Catholic Charities.

The Light is On for You - The season of Lent invites us to renew our lives by turning away from sin and renewing our faith, in order to grow as disciples of Jesus. In order to make the Sacrament of Reconciliation available to you, our parish is open every Tuesday, from 6:00-8:00pm. A priest will be available for confessions.

Lenten Soup Supper and Way of the Cross - Every Friday during Lent, the Church recommends to us a day of fast and abstinence. We gather as a parish community at 6:00pm for a simple soup supper. It is our communal act of fasting and abstinence. At the same time, we give some of our precious time, to spend in fellowship with each other. This is followed by a communal Way of the Cross at 7:00pm, where we pray and meditate on the passion and death of our Lord Jesus Christ.

So we invite you to join us as a parish community to pray, fast, and give alms. Together let us renew and grow in our faith. Together let us grow in holiness during this Season of Lent.

— Fr. Pete

The Way Out

Today’s readings Launch us into Lent with the story of salvation. How did we humans get where we are? How do we get out? Genesis—through the Adam and Eve narrative—explains that we got separated from God and happiness through greed, selfishness and arrogance.

But as Paul explains to the Romans, God has not abandoned us, and never will. We get out through the “new Adam”, Jesus Christ, through whom the death of sin is conquered by the life of “overflowing grace.”

From the start, through Jesus—like Adam and Eve, like you and me—had to face the “the tempter.” Shown fame and wealth, he was tempted to grab for it. But Jesus saw through such foolishness. During Lent we will look at what the tempter spreads before us daily, then try to make choices that put us on the side of the angels.

—Copyright, J. S. Paluch Co.

Treasures From Our Tradition

Today, we know more about the beginnings of Lent than our ancestors did. We know that Lent is first of all about baptism, and secondly that it is about the desire of all the baptized to renew the power and potential of that sacrament at Easter. For centuries this deep truth was largely obscured, but today documents have come to light to reshape the Church’s thinking and practice.

One source, discovered in the 1880s, is the pilgrim diary of a Spanish nun, Egeria, writing hers a detailed travelogue of a fourth-century sojourn in Jerusalem during Holy Week. She describes in vivid detail her participation in liturgies that are close cousins of our own Holy Week, from festive procession to the cross. Her greatest delight is in the huge number of: men, women, and children who experience a time of deep retreat and identification with Christ’s cross, guided by the bishop and supported by their godparents’ constant nurture. The discovery of Egeria’s diary proved to be a moment of grace for the Church; after a long period of “ecclesial amnesia,” we know at last that baptism is really the work of a whole community of faith convened by God.

—Rev. James Field, Copyright, J. S. Paluch Co.
Our Lenten Friday Soup Suppers began on February 28 and the following 5 Fridays until April 3. If you have a favorite meatless soup and can volunteer to bring it on one of those Fridays, please add your name to the signup sheet in the Sacristy or let Sr. Mary Francis know. This event is growing each year so your help is greatly appreciated.

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<tr>
<th>March 1—March 7, 2020</th>
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<tbody>
<tr>
<td><strong>Sunday, March 1</strong></td>
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<tr>
<td>7:30 Parishioners of Saint Anne</td>
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<td>9:00 Telesfora Gorospe, Mary Ann</td>
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<td>10:30 Agatha Tang (D)</td>
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<td>Noon Kwei Tin Shu (D)</td>
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<td><strong>Monday, March 2</strong></td>
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<tr>
<td>6:30 Luciana Lomparte (D)</td>
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<td>8:45 Intentions of Gloria Pizzinelli</td>
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<td><strong>Tuesday, March 3</strong></td>
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<td>6:30 Parishioners of Saint Anne</td>
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<td>8:45 Amir Alkhraisat (D)</td>
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<td><strong>Wednesday, March 4</strong></td>
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<tr>
<td>6:30 Parishioners of Saint Anne</td>
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<td>8:45 Mary Catherine Deely (D)</td>
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<td><strong>Thursday, March 5</strong></td>
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<tr>
<td>6:30 Parishioners of Saint Anne</td>
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<td>8:45 Mr. Keith Farlow (D)</td>
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<td><strong>Friday, March 6</strong></td>
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<tr>
<td>6:30 Bill Blanchard (D)</td>
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<td>8:45 Isabel Domiguez (D)</td>
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<td><strong>Saturday, March 7</strong></td>
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<td>8:45 Confraternity of Saint Anne</td>
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<td>5 p.m. Thanksgiving, Hermina Sangalang</td>
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Project Rachel Retreat for Hope and Healing after Abortion Saturday, March 7 – Sunday, March 8
Registration is open for the March 7—8 Hope and Healing after Abortion Women’s Retreat, which will be held here in the SF Bay Area. The retreat will be led by Fr. Vito Perrone, Contemplative of St. Joseph, with the Daughters of Carmel, at a confidential local site. Donation of $50 is suggested, but can be waived. For more information, phone 415-614 5567 or e-mail projectrachel@sfarch.org or you may register online at sfarchdiocese.org/rachel, where you can view a powerful new one-minute video testimony by Georgette Forney, co-founder of the Silent No More awareness campaign. All inquiries are confidential.

PROTECTING GOD’S CHILDREN
If you believe you are a victim of sexual abuse, please call our SF Archdiocesan Clergy Abuse hotline at 415 614-5506.

Mission Doctors Association will offer the 2020 Spring Retreat / Seminar on March 27-29, 2020 for Catholic Physicians, Dentists, Nurse Practitioners and Physician Assistants, and their spouses, considering Short-term mission service in Africa and Latin America. This will be held at Loyola Marymount University in Los Angeles. Information and Accreditation Statement (for the 11 AMA PRA Category 1 Credit(s)) available on website: www. MissionDoctors.org or by calling (213) 368-1872.

First Friday Devotion This Friday, March 6th, an Exposition of the Blessed Sacrament follows the 8:45am Mass. Adoration will conclude with Benediction at 10:00 a.m.

Support Groups — Fridays at St. Mary’s Cathedral Event Center, 1111 Gough St., SF, Monsignor Bowe Room (west side of parking lot level)
First Friday each month, 1:00 – 3:00 pm: “Strength for the Journey” is a free monthly support group for people with life-threatening illness. Diagnosis can be an opportunity to seek spiritual support through scripture, sacrament, and community.
Third Friday each month, 10:30am – 12:00 noon: Grief Support Program: These sessions provide information on the grief process, and tips on coping with the loss of a loved one. For details, contact Sr. Elaine Stahl at 415-567-2020, ex. 218, or estahl@stmarycathedralsf.org.

Last Week’s Collections
February 22, 23—$4,212.00
St. Vincent de Paul—$935.00
This Week’s 2nd Collection
School Earthquake Retrofit

Thank You All for Your Generosity!
For on-line giving, visit: www.stanne-sf.org
ST. ANNE STAFF

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Fr. Peter Zhai, SVD, Chinese Ministries  
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Eva Wong, Director, Chinese School  
evawong467@gmail.com  415-665-3929

Pastoral Emergencies:  415– 866-6455

ST. ANNE REGULAR SCHEDULE

Sunday Mass:  
Sat., 5pm;  Sun: 7:30, 9, 10:30am & 12pm (Chinese)

Daily Mass:  
Mon - Fri: 6:30am & 8:45am  
Sat: 8:45am (with Devotion to St. Anne)

Holy Days of Obligation:  
6:30am, 8:45am, 12 noon & 6pm

Exposition of Blessed Sacrament:  
1st Friday following 8:45am Mass until 10am

Reconciliation:  
Sat., 4 - 4:55pm or by appointment

Baptism:  
2nd Saturday @ 12:30pm  
Preparation Class: 3rd Sat @ 10am in Rectory (Please Register)

Office Hours:  
Mon - Fri: 9am - 4:30pm

Church Hours:  
Mon-Fri: 8am - 4pm  
Mon-Fri: 8am - 4pm;  Sat: 8a - 6pm;  Sun: 7a - 1:30pm
Saint Anne, pray for us!

St. Anne of the Sunset
Every Friday of Lent
Beginning February 28 thru April 3
Stations of the Cross at 7:00pm
Followed by Benediction

Preceded by
a simple supper
of soup and bread
in the vestibule
at 6:00pm

If you would like to contribute a pot of soup, please contact Jan Trusty.
Email: leetrusty@gmail.com / 415-564-2217.
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