



St. Anne of the Sunset Catholic Church

850 Judah St., San Francisco, CA 94122

Rectory: (415) 665-1600, School: (415) 664-7977

www.stanne-sf.org 



March 22, 2020 ~ Fourth Sunday of Lent



*Lord,
Hear Our
Prayer*

WELCOME TO ST. ANNE'S

If you haven't registered or are changing information on your registration card,
please complete this form and return it to the Rectory.

Name _____ Address _____

New Parishioner _____ Moving _____ New information _____ Send Envelopes _____

Telephone # _____ E-Mail _____ Please put me on the mailing list _____

Pastor's Corner

United in Common Prayer – These are unusual times and we all want to do our part to minimize the spreading of the Covid-19 virus that has the potential to harm the most vulnerable people in our midst. With the recent order from the San Francisco Health Department to “Shelter in Place,” dated March 16, 2020, St. Anne will close the Church and our Office. But even though we may be physically apart as we *Shelter In Place*, we can be united in common prayer. In this bulletin, we have included Morning, Noon, Mid-Afternoon and Night Prayers that we can do together. Obviously you don’t have to do them all, but know that we, your priests will be doing them and when you pray, we are joined spiritually in common prayer for those in need, for the safety and well-being of all and for an end to this pandemic. - Fr. Dan



But those who
HOPE in the **LORD**
will renew their
Strength.
They will **SOAR** on wings
Like *Eagles*;
They will run and
not grow **WEARY**, they will
walk and not be *Faint*
Isaiah 40:31

The following are links to online Masses:
Heart of the Nation Sunday Mass (30 min.):
<https://www.heartofthenation.org/online-mass/sunday-mass#/>
Diocese of Grand Rapids Four Most Recent Sunday Mass (60 min.): <https://www.facebook.com/DioceseofGrandRapids/playlist/222504288686108>
SF Archdiocese's Monsignor Harry Schlitt God Squad TV Mass: <https://fatherharry.org/>

Morning Prayer



Prayer to Good St. Anne

O Good St. Anne, you welcome, listen and guide pilgrims, so I humbly present myself to you. Help me by your prayers to remain united with your grandson Jesus. Pray for me so I keep the fire of the Holy Spirit alive in my heart. I want to let the Spirit be active in my life to give me strength to choose Jesus and pray for those around me. I trust in your care, St. Anne; bring my prayers to Jesus so I can rejoice and be glad in His love. Amen.

The Chaplet of St. Anne

In honor of Jesus, we pray for doctors, researchers, test patients and all who care for the sick.

- 1 Our Father, 5 Hail Mary's & 1 Glory Be.
- Good St. Anne, pray for us!

In honor of Mary, we pray for the health and well-being of all, especially those who do “essential” services for us.

- 1 Our Father, 5 Hail Mary's & 1 Glory Be.
- Good St. Anne, pray for us!

In honor of St. Anne, we pray for those who have died and those who mourn their passing.

- 1 Our Father, 5 Hail Mary's & 1 Glory Be.
- Good St. Anne, pray for us!

Prayer for the Sick:

Good St. Anne, your grandson Jesus accepted suffering to share with us the virtue of patience in human illness. May your kind intercession offer healing for our sick brothers and sisters, comfort for all who suffer, courage for all who are afraid, hope for all who are afflicted, and trust that they have been chosen to be saints and are joined to Jesus in His suffering for the salvation of the world. Amen.



Noon Prayer

(Dating back to the 11th century, this prayer at noon invites the faithful to interrupt their work and raise their hearts and minds to God, to remember Mary's "yes" and to inspire us to say our own "yes" to God.)

The Angelus

V: The Angel of the Lord declared unto Mary

R: And she conceived of the Holy Spirit.

Hail Mary...

V: Behold the handmaid of the Lord.

R: Be it done unto me according to thy Word.

Hail Mary...

V. And the Word was made flesh.

R: And dwelt among us.

Hail Mary...



V. Pray for us, O Holy Mother of God.

R: That we might be made worthy of the promises of Christ.

Let us pray: Lord, fill our hearts with Your grace: once, through the message of an angel you revealed to us the incarnation of Your Son; now, through His suffering and death lead us to the glory of His resurrection. We ask this through Christ our Lord. Amen.

Pope Francis' Prayer to Mary

O Mary, you always shine on our path as a sign of salvation and of hope. We entrust ourselves to you, Health of the Sick, who at the cross took part in Jesus' pain, keeping your faith firm. You know what we need, and we are sure you will provide so that, as in Cana of Galilee, we may return to joy and to feasting after this time of trial. Help us, Mother of Divine Love, to conform to the will of the Father and to do as we are told by Jesus, who has taken upon himself our sufferings and carried our sorrows to lead us, through the cross, to the joy of the resurrection. Amen.

Under your protection, we seek refuge, Holy Mother of God. Do not disdain the entreaties of we who are in trial, but deliver us from every danger, O glorious and blessed Virgin.



The 3 o'clock Prayer



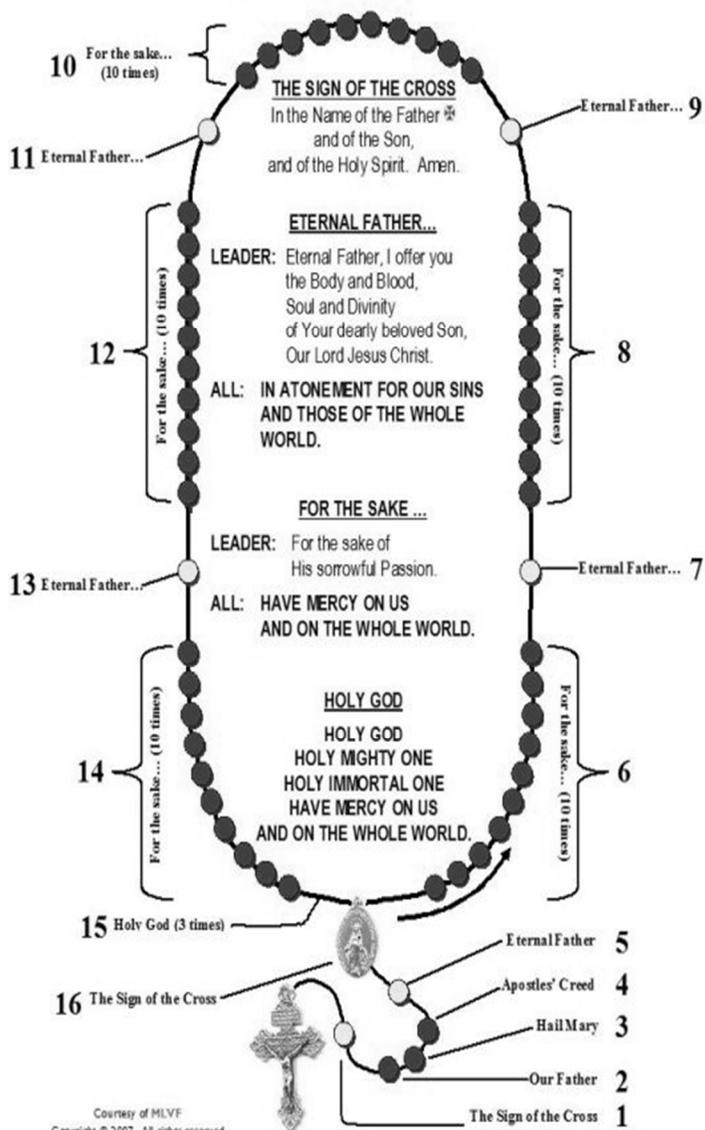
(At 3 o'clock on Good Friday, Jesus died for us and in an appearance to St. Faustina, He taught her to call upon His mercy at this hour "for at that moment, mercy was opened wide for every soul." (Diary 1572))

Divine Mercy Chaplet

Instructions: Using the rosary, but instead of praying the Our Father & 10 Hail Mary's, pray the *Eternal Father* prayer and 10 *For the Sake* prayer.

- *The Sign of the Cross*
- *1 Our Father, 1 Hail Mary*
- *Apostles' Creed*
- *Eternal Father* prayer once, followed with 10 *For the Sake* prayer.

The Chaplet of the Divine Mercy



Night Prayer (after dinner)



One Decade of the Rosary

1 Our Father, 10 Hail Mary's and 1 Glory Be

A Coronavirus Prayer, by Kerry Weber

Jesus Christ, you traveled through towns and villages “curing every disease and illness.” At your command, the sick were made well. Come to our aid now, in the midst of the global spread of the coronavirus, that we may experience your healing love.

- Heal those who are sick with the virus. May they regain their strength and health through quality medical care.
- Heal us from our fear, which prevents nations from working together and neighbors helping one another.
- Heal us from our pride, which can make us claim invulnerability to a disease that knows no borders.

Jesus Christ, healer of all, stay by our side in this time of uncertainty and sorrow.

- Be with those who have died from the virus. May they be at rest with you in your eternal peace.
- Be with the families of those who are sick or have died. As they worry and grieve, defend them from illness and despair. May they know your peace.
- Be with the doctors, nurses, researchers and all medical professionals who seek to heal and help those affected and who put themselves at risk in the process. May they know your protection and peace.
- Be with the leaders of all nations. Give them the foresight to act with charity and true concern for the well-being of the people they are meant to serve. Give them the wisdom to invest in long-term solutions that will help prepare for or prevent future outbreaks. May they know your peace, as they work together to achieve it on earth.

Whether we are home or abroad, surrounded by many people suffering from this illness or only a few, Jesus Christ, stay with us as we endure and mourn, persist and prepare. In place of our anxiety, give us your peace. Jesus Christ, heal us. Our Lady, intercede for us. Good St. Anne, pray for us.



March 15—March 28, 2020

	Presider
Sunday, March 22	
7:30 Thanksgiving, Lucy Gonzales	Fr. Tieng, LRMS
9:00 Meliton Tamase (D) and Alfredo Gorospe, Jr. (D)	Bishop Walsh
10:30 Raymond & Susan Domenici (D)	Fr. Nascimento
Noon For those with the corona virus	Fr. Zhai, SVD
Monday, March 23	
6:30 Joshua Miller (D)	Bishop Walsh
8:45 Thanksgiving, Bobby & Ofelia Margate, 50th Wedding Anniversary	Fr. Zhai, SVD
Tuesday, March 24	
6:30 Dennis Odion (D)	Bishop Walsh
8:45 Ellen P. Chung (D)	Fr. Nascimento
Wednesday, March 25	
6:30 DeWayne Dearstyne (D)	Bishop Walsh
8:45 Maria Lau (D)	Fr. Tieng, LRMS
Thursday, March 26	
6:30 Rev. Richard S. Deitch (D)	Fr. Nascimento
8:45 Dolly Bouey (D)	Fr. Zhai, SVD
Friday, March 27	
6:30 Jack Murphy (D)	Fr. Tieng, LRMS
8:45 Joan White (D)	Fr. Zhai, SVD
Saturday, March 28	
8:45 Confraternity of Saint Anne	Bishop Walsh
5 p.m. For health care workers attending those suffering from the corona virus and for researchers seeking a cure and vaccine for the virus	Fr. Nascimento

ST. ANNE STAFF

Pastoral Staff:

Fr. Daniel Nascimento, Pastor <i>frdan@stanne-sf.org</i>	415-665-1600 x 24
Fr. Peterson Tieng, LRMS, Parochial Vicar <i>frpete@stanne-sf.org</i>	415-665-1600 x 34
Sr. Mary Francis, Pastoral Associate	415-665-1600 x 22
Rachel Gee, Coordinator of Religious Education <i>Rachel.Gee@stanne-sf.org</i>	415-665-1600 x 38
Jun Alvar, Parish Music Coordinator <i>JunAlvar@stanne-sf.org</i>	415-665-1600 x 22

In Residence:

Bishop Daniel Walsh, Bishop Emeritus of Santa Rosa	
Fr. Peter Zhai, SVD, Chinese Ministries <i>ZhaiP@sfarch.org</i>	415-614-5575

Office Staff:

Ken DelPonte, Parish Manager <i>kdelponete@stanne-sf.org</i>	415-665-1600 x 21
Mie Mie Kwong, Athletic Director <i>athleticdept@stanne-sf.org</i>	415-665-1600 x 22
Jessica Guevara, Bookkeeper <i>bookkeeper@stanne-sf.org</i>	415-665-1600 x 21
Tessie Velicaria, Secretary	

SF Hole in the Wall Pizza
 Introducing **FAMILY NIGHT**
Beginning May 2nd
Every Thursday Night we will feature:
Balloons Clowns Magicians and more!
 We Cater Parties and Special Events!
415.564.3900
 www.sfhole.com
 1825 Irving St. (at 19th Ave.)

Take your **FAITH ON A JOURNEY.**
 Catholic Cruises and Tours (CST 2117990-70)
 Catholic Cruises and Tours and The Apostleship of the Sea of the United States of America
 Call us today at 860-399-1785 or email eileen@CatholicCruisesandTours.com
 www.CatholicCruisesandTours.com

Serving With Trust and Confidence Since 1850
Evergreen Mortuary
McAVOY - O'HARA

4545 Geary Blvd. at Tenth Ave.
 For Information, Pre-Arrangements & Assistance call 668-0077

ONE PARISH
 Grow in your faith, find a Mass, and connect with your Catholic Community with OneParish!

 Download Our Free App or Visit **MY.ONEPARISH.COM**

FINDaPARISH.com
 Check It Out Today!

The Most Complete Online National Directory of Catholic Parishes

 **1260 AM**
America's Catholic Talk Radio Network

No one has more ways to help protect the people and things you love than ADT
 ADT has Medical Alert systems to fit your lifestyle


Medical Alert Plus System
 Perfect for when you're around the house
 - Home temperature monitoring
 - 24/7 professional monitoring
 - Fall detection pendant*
 - No landline required
 - No long-term contracts

On-The-Go System
 Perfect for when you're out and about
 - GPS location capabilities
 - 24/7 professional monitoring
 - Fall detection pendant*
 - No landline required
 - No long-term contracts

Grow Your Business, Advertise Here. Support Your Church & Bulletin. Free professional ad design & my help!
 email: kwiatkowskim@jspaluch.com www.jspaluch.com

Call Marcy Kwiatkowski
925.239.1401

Call 833-238-3585 today Get a \$50 credit* + a FREE* gift with any Medical Alert System purchase
 ADT Medical Alert

Get this weekly bulletin delivered by email - for FREE!
 Sign up here:
<https://www.jspaluch.com/BulletinSubscribe.aspx>
 Courtesy of J.S. Paluch Company, Inc.



If You Live Alone You Need MDMedAlert!
 24 Hour Protection at HOME and AWAY!
 ✓ Ambulance ✓ Police ✓ Fire ✓ Friends/Family
 Solutions as Low as **\$19.95** a month
 FREE Shipping FREE Activation NO Long Term Contracts
 CALL NOW! 800.809.3352
 I have peace of mind... Mom remains independent.
MDMedAlert Safe-Guarding America's Seniors Nationwide!
 This Button SAVES Lives! As Shown GPS, Lowest Price Guaranteed!
 GPS Tracking w/Fall Detection Nationwide, No Land Line Needed EASY Set-up, NO Contract 24/7 365 Monitoring in the USA

DUGGAN'S SERRA MORTUARY FD1098
 500 Westlake Ave., DC 650.756.4500 duggansserra.com

SULLIVAN'S and DUGGAN'S SERRA Funeral Services FD228
 6201 Geary Blvd., SF 415.621.4567 sullicansfh.com

Most Convenient & Reasonable Costs
Multilingual Unlimited Parking
 "My Funeral, My Cremation, My Way"[®]
 Contact us for free information on Pre-Planning

RIORDAN SYKES McFADDEN, P.C.
 Kerry Riordan Sykes
 Maureen S. McFadden
 Certified Specialists in Estate Planning, Trust & Probate Law by the California State Bar Board of Legal Specialization
 377 West Portal Avenue, Ste B (415) 661-9050

Protecting **Seniors** Nationwide
Medical Alert System
\$29.95/Mo. billed quarterly
 • One Free Month
 • No Long-Term Contract
 • Price Guarantee
 • Easy Self Installation
 Call Today! Toll Free 1.877.801.8608



catholicmatch[®] California

 CatholicMatch.com/myCA