

SAINT ANNE

OF THE SUNSET

3rd Sunday of Lent

March 23, 2025

Pastor's Column

Value of Fasting and Abstinence – In a column by Fr. Ronald Rolheiser entitled “On Fasting and Praying in Secret,” he points out that philosopher, David Hume, questions the traditional virtues like celibacy, fasting, penance, self-denial, humility, silence and solitude. Hume would say that these virtues add nothing to society and even take away from human welfare. Those who practice these foolish virtues may, after their death, have a place in the calendar, but when alive, have no place in society because of their gloominess. So Fr. Rolheiser, while affirming the positive values of our virtues, does remind us that they are meant to help us enter into a deeper intimacy with God. He adds, “if our prayer and asceticism are healthy, what we should be radiating is precisely health, joy, love for this world, and a sense of how the ordinary pleasures of life are sacramental.” He admits this isn’t easy to do and suggests that this is the reason Jesus taught us to practice fasting and prayer not in public but in our “inner room.” But he adds that in our world filled with addictions of all kinds: food, drink, sex, entertainment, social media and pornography, we need these traditional virtues all the more. In another article entitled “Value of Fasting and Feasting,” Fr. Rolheiser shares that fasting is not about deprivation, but about creating space for something deeper, for an encounter with the Divine. When we fast, we can say “NO!” to our compulsions, and thus reclaim our freedom. We are no longer enslaved by our appetites but learn to live more intentionally, with God at the center. This act of self-denial allows us to empty ourselves of distractions, making room for God’s grace to flow more freely in our lives. Fr. Henri Nouwen, in his column “Learning the Hidden Way,” shares that fasting draw us in solidarity with the poor and hungry. It opens our eyes to the needs of others and challenges us to respond with generosity and compassion. So both authors help us see that Fasting is still relevant in our world and it can help us create space for our relationship with God, so we can experience His love and peace and radiate that back into our world. And it can help unite us to those in need, so that we can respond with a more generous and grateful heart.

- Fr. Dan

Upcoming Events

At St. Anne:

- 3/28 **Lenten Soup Supper / Stations of the Cross**
6pm – Lenten Soup Supper in Vestibule
7pm - Stations of the Cross
- 3/29 **Casino Night (Fundraiser for School)**
When: 6-10pm Church Hall
Join: <https://stannesf.ejoinme.org/casinoparadiso>
- 4/5 **First Reconciliation**
10:30am – School and Religious Ed students
- 4/6 **Family Mass** – 10AM, 1st & 5th Grades Hosting
- 4/13 **Palm Sunday**
Masses are at: 5pm vigil, 8am, 10am & 12pm
- 4/17 **Holy Thursday**
7:30pm – Mass of the Lord’s Supper
8:30pm – Adoration (in Church until 10pm)
- 4/18 **Good Friday**
12pm – Reflection on the Last 7 Words of Christ
1:30pm – Liturgy, Veneration of the Cross
3pm – Confessions (until 4pm)
5:30pm – Veneration of the Cross (in Chinese)
7pm – Stations of the Cross
- 4/19 **Easter Vigil**
8pm – Mass with Baptism of Adults into faith
- 4/20 **Easter Sunday**
8am – Mass w/Scouts pancake breakfast in Hall
10am – Mass w/pancake breakfast & Egg Hunt
12pm – Mass in Chinese

In the Archdiocese:

(Visit www.sfarchdiocese.org/events for more info)

- 3/25 **Taizé Prayer**
An evening of song and meditation prayer
When: Tues, 3/25, 7:15pm – 8pm
Where: St Bartholomew, San Mateo, CA
Contact: Maria Shao, maria@barts.org
- 4/10 **Chrism Mass**
All the faithful are invited to the Blessing of the Oils used for the sacraments and where the Ordained renew their priestly vows to the Lord.
Where: St. Mary’s Cathedral Time: 5pm
- 4/12 **Adventures in Marriage**
Create the Marriage you want with your spouse.
When: Sat, 4/12/25, 8:30am – 4:30pm
Where: St Mark, Belmont, CA
Contact: Ed Hopfner, HopfnerE@sfarch.org

Lenten Activities

- **Hallow:** Hallow, the #1 Catholic prayer app! \$1 for the rest of the year! Follow along with a 10-min reflection each day to feed our souls. See the QR code at the end of this bulletin and in flyers at the entrances in our church.
- **A Faith Sharing Book Club:** Using Pope Francis' autobiography entitled "Hope," we can let his words and wisdom guide and nourish our souls. This can be done on-line or in person at the Rectory on the Wednesdays of Lent, starting 3/12 @ 7pm.
- A course in **Praying Soulfully:** Using the rich tradition of our Church, explore different forms of prayer from Taize, to Lectio Divina, Silent Meditation and the Rosary. Starting Tuesday, 3/11 @ 7pm, on-line or in person at the Rectory with Fr. Dan.
- **Service Opportunity** to bring hope to others. We partner with St Anthony's Dining Room: 4/6 AND 5/3 9:30 – 1:30pm
- A local **Pilgrimage to St. Francis Shrine** for prayer, confession and Holy Communion to gain a plenary indulgence and to celebrate this Year of Jubilee. When: Saturday, March 22 from 10:30 – 2pm.

To sign-up or for more information, contact our secretary,



Malena Alioto at secretary@stanne-sf.org or at 415-665-1600 x22. You may also sign up in the vestibule table, or on-line at: <https://forms.gle/D9KjB7oLKveKHiGw6> or with the QR code:

Easter Sunday Celebration!



Celebrate Easter with the
St. Anne Community in Moriarty Hall
following the 10 AM Mass



Pancake Brunch 9 AM-12 PM
Tickets available at the door



Arts and Crafts



Easter Egg Hunt
12 PM
Bring a basket or bag

BRUNCH

Troop 15 is serving pancake brunch
From 9 AM-12 PM
Includes pancakes, eggs, sausage, bacon, fresh
fruit, juice, milk, coffee/tea

Tickets available at the door.
\$10 per plate,
children under 12 Free



St. Anne School News

- The **Annual Casino Nite** will be on Saturday, March 29th from 6-10pm. This year's theme is **Casino Paradiso!** We would LOVE the support of any *parishioners, alumni or parents of alumni* for our **Fund the Need Campaign** to keep our Chromebooks up-to-date. Every \$250 raised provides a new Chromebook for a St. Anne student. Please see our school website for more information: [Gifting & Donations – ST. ANNE SCHOOL](#)
- St. Anne **Summer School** enrollment is open! The theme for this summer is **Fly Me to the Moon!** This is a great opportunity for your child to learn and have fun in a supportive environment.
Program Dates: June 9 – July 3, 2025
Application Deadline: March 30
Contact School Office at 415-664-7977

Photo Corner –Smile!



Around the office! L-R: Fr. Dan, Malena Alioto – our AMAZING NEW Parish Secretary, Rachel Leluc, Sr. Mary Francis, Mary Cronin



St. Anne Class of 1970 Reunion held on March 15th in the St. Anne Convent meeting space. Many were friends from kindergarten all the way through 8th Grade!



IMPORTANT! Blood Drive

Every TWO SECONDS (!) someone in the United States needs blood. Please participate in our upcoming Blood Drive to help save lives in our community and beyond.

When: Sunday, April 27, 2025

Hours: 10am – 2pm

Location: Blood Drive Van will be at St. Anne School Parking lot; free parking!

Make an appointment at:

<https://donors.vitalant.org/dwp/portal/dwa>

Join Us – Divine Mercy Novena

Please join us for a 9 day Divine Mercy Novena.



Jesus is offering
us a vessel
to which we are to
keep coming for
graces to the
Fountain of Mercy.
That vessel is this image
with the signature:
"Jesus, I trust in You."

Divine Mercy Novena Schedule, April 18, 2025 thru April 27, 2025

Good Friday, April 18, in Church after Morning Prayers @9:00

Holy Saturday, April 19 in Church after Morning Prayer @9:00

Easter Sunday, April 20 in the Chapel after 10:00 Mass

Monday, April 21 in Church after 8:45 Mass

Tuesday, April 22 in Church after 8:45 Mass

Wednesday, April 23 in Church after 8:45 Mass

Thursday, April 24 in Church after 8:45 Mass

Friday, April 25 in Church after 8:45 Mass

Saturday, April 26 in Church after 8:45

Divine Mercy Sunday, April 27 in Church at 3:00 with

Exposition, Chaplet of Divine Mercy & Benediction



venmo

Zelle New Giving Option – Venmo & Zelle!

We have added digital payments as an additional *easy* option for making a Sunday donation! Checks, cash, credit card are still accepted. See more information, Zelle to stannesunset@gmail.com & Venmo QR Code in the pews & church entrances. We are SO grateful for your help!

Mass Intentions for the Week

Week of March 23 – March 29, 2025

Sunday, March 23

8:00AM Vera Rogulsky, Thanksgiving

10:00AM Maureen Burke (D)

12:00PM Parishioners of St. Anne

Monday, March 24

8:45AM Likke & Johnny Family, Thanksgiving

Tuesday, March 25

8:45AM Lucilita Escobar & Family (D)

Wednesday, March 26

8:45AM Alfredo Mendoza (D)

Thursday, March 27

8:45AM Joe Laguda, Healing

Friday, March 28

8:45AM Joan Hume, Thanksgiving

Saturday, March 29

8:45AM Confraternity of St. Anne

5:00PM Severino Cinco (D)

Check it out – Hallow Prayer App

The feedback on this app has been very positive! Please check it out!



Thank You!

Previous Week's Collection

Sunday Offertory - \$ 3,019.00

Second Collection - \$ 1,042.00

There is no 2nd collection this week.



St. Anne Lenten Activities



Let's connect as a parish community during the Lenten season! Check out these wonderful opportunities for self-reflection, mindfulness and service. Bring a friend!



Praying Soulfully

- Learn methods of **TAIZE** (meditative prayer), **LECTIO DIVINA** (Divine Reading - monastic practice of prayer), and **SILENT MEDITATION**, along with the **ROSARY**.
- Tuesdays, 3/11 - 4/1 7pm-8pm
- St. Anne Rectory or on Zoom



Book Club! "HOPE"

- New York Times BESTSELLER! Explore "Hope" the first autobiography ever published by a Pope.
- Wednesdays, 3/12 - 4/2 7pm-8pm
- St. Anne Rectory



Pilgrimage to St. Francis Shrine in North Beach

- Join us on a local pilgrimage while exploring the beauty of this North Beach landmark.
- Saturday, March 22nd 9:30am to 3pm
- \$30 adults, \$10 children. (simple lunch & donation to Shrine)



St. Anthony's Dining Room

- Join us for a service opportunity in partnership with Catholic Charities and St. Anthony's Dining Room.
- 2 dates: Sunday, April 6 & Saturday, May 3. 9:30am-1:30pm



**JOIN THE LENT
PRAY40 CHALLENGE**



Registration/Information

- Sign up form: <https://forms.gle/U8BbnFxqxUJqp6Zds>
- Or see QR Code
- Or contact: Secretary@stanne-sf.org; 415-665-1600 x22