

Pastor's Column

Sports and Spirituality – Leading up to the Paris Olympics in 2024, Pope Francis reflected on the role that sports play in our lives. He shared that sports is a place of encounter regardless of culture, religion or background. He adds that for competition to remain healthy, we must possess an “*amateur spirit*.” By this, he’s not trying to distinguish between the professional and amateur league. Instead, the word “*amateur*” comes from the Latin, “*amator*” meaning *the one who loves*. So, by playing with an “*amateur spirit*,” he means to:

- Play the sport because of the love of the game;
- Valuing joy over fame;
- Valuing integrity over winning at any cost;
- Keeping competition healthy, not hostile;
- And remembering that sport is about human growth, not commercial gain.

As this Sunday’s gospel teaches the Beatitudes for a disciple of Jesus, I asked Microsoft Copilot to create a Beatitude for Athletes drawing on Pope Francis’ teaching on sports and it came up with the following:

1. **Blessed are the humble, who play for the love of the game**, for they keep their hearts free from pride and their sport free from corruption.
2. **Blessed are the fair-minded, who compete with integrity**, for they show that victory without honor is no victory at all.
3. **Blessed are the peacemakers on the field**, for they turn rivalry into respect and opponents into brothers and sisters.
4. **Blessed are those who persevere through injury, failure, or defeat**, for they discover that true strength is born in weakness.
5. **Blessed are the merciful teammates**, for they lift up the discouraged, include the forgotten, and celebrate every person’s dignity.
6. **Blessed are the pure of intention, who preserve the “amateur spirit,”** for they play not for fame or profit, but for joy, growth, and love of the sport.
7. **Blessed are those who train their bodies and hearts with discipline**, for they learn the deeper training of discipleship.
8. **Blessed are those who use sport to build community**, for they reveal the Kingdom hidden in ordinary human encounters.

This Sunday, we honor our Athletic Director, **Mrs. Mie Mie Kwong**, and our many coaches from volleyball, to basketball and soccer, who help our young people not only to play the sport well, but to play together as a team. In the Fall of 2025, out of 7 teams from Grades 3-8, 5 volleyball teams and 1 soccer team went to the Championship and 4 won the title as Champions. So, we thank our coaches not only for guiding our students on the court, but for fostering good sportsmanship, which nurtures a spiritual life. Thank you, Coaches!!!

- Fr. Dan

Catholic Schools Week – Last Sunday, students and teachers came together to celebrate the opening of Catholic Schools Week with a mass. An open house followed afterwards so all can see the good work they’re doing. Below are some pictures from that day.



Mass Intentions for the Week

Week of February 1 – February 7, 2026

Sunday, February 1

8:00AM Theresa Hallinan (D)
10:00AM Preciosa Agaton
12 00PM Parishioners of St. Anne

Monday, February 2

8:45AM Colden Kimber (D)

Tuesday, February 3

8:45AM Linnie & Rufino Monterola (D)

Wednesday, February 4

8:45AM Lorraine Claire & Ben Gotelli (D)

Thursday, February 5

8:45AM Lorraine Powell (D)

Friday, February 6

8:45AM Robert Sison (D)

Saturday, February 7

8:45AM Confraternity of St. Anne
5:00PM Eileen Fraser & Patricia Marie O'Brien (D)

Thank You!

Previous Week's Collection

Sunday Offertory – \$2,967

Second Collection – \$36 – Property & Insurance

This week's second collection: none

The Third Option – Struggling in your marriage? This is a skill-based program designed to demonstrate how to do marriage well and learn what a healthy marriage looks like. The skills help couples and individuals (even if your partner doesn't want to attend). Whether you are married, engaged, separated, divorced or single, applying the Third Option skills can strengthen your relationship skills with your spouse, partner, children, parents, friends and co-workers. The topics include: Ending the blame game; Redefining the power struggle; Coping with control issues; Handling anger constructively; Breaking the hurt spiral; Listening beyond words; and Rebuilding Trust.

When: You can start any Tuesday, from 6:30-8:30pm

Where: Via Zoom

Info: <https://thethirdoptionoc.com>, or Don Flecky, donflecky@gmail.com, 714-240-4245.

Mass of Healing & Hope

February 14, 2026

9 a.m.

St. Anselm Catholic Church
97 Shady Lane
Ross, CA 94957



Reception and guest speaker to follow after the Mass in the Parish Hall

Upcoming Events

At St. Anne Church & School:

- 2/8 **Scouts Sunday**
On Feb 8, 1910, the Scouting program began in the US and is celebrated each year by our Troop 15. Join us in this celebration at the 10am mass.
- 2/15 **Fat Sunday Brunch**
Honoring AAA Club members for their support on Sun. Feb. 15th at 11am, Moriarty Hall
RSVP: To Evite, or contact Malena at 415-665-1600 or secretary@stanne-sf.org

In the Archdiocese:

(Visit www.sfarchdiocese.org/events for more info)

- 2/6 **Send Valentine Cards to Inmates**
Write cards to those in SF County Jails. Meet on from 9:30am – 4pm at the Archdiocese Pastoral Center, 1 Peter Yorke Way, SF. Free Breakfast, Lunch & Parking
Contact" Julio Escobar, EscobarJ@sfarch.org
- 2/6 **Online Rosary to Combat Human Trafficking**
Pray to intercede for victims and survivors, and for an end to Human Trafficking at 12:30pm - Online, contact Valerie for link at SchmalzV@sfarch.org, or 415-614-5571
- 2/7 **Adventures in Marriage**
Learn skills essential for good relationships. Conference begins at 8:30am - 4:30pm at the St. Mark, Belmont, CA
Info: Ed Hopfner, HopfnerE@sfarch.org

Contact Us!

Pastor: Fr. Daniel Nascimento

Email: info@stanne-sf.org

Office: 415-665-1600

Address: 850 Judah St., San Francisco 94122

Office Hours: Monday – Friday, 9:30am – 4:30pm
Office closed on Federal Holidays

Daily Mass: 8:45am

Sunday Mass: 5pm Vigil (Saturday), 8am, 10am and 12 pm in Chinese

Confession: 20 minutes before Saturday 5pm Vigil and before 8am & 10am Sunday Masses

Pastoral Emergencies: 415-866-6455

An easy digital payment option for Sunday donations!

Checks, cash, credit cards are still accepted. To donate using Zelle go to stannesunset@gmail.com or use the Venmo QR Code. We are SO grateful for your help!
Please take a moment and see the newest additions to our Gift Shop.



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